

# Sebec

Designed by Amy Christoffers / Skill level: Intermediate



## FINISHED MEASUREMENTS

Bust (closed): (36¾, 40, 43¼) [46½, 49½, 52¾, 56] {59¼, 62½, 65½}" / (93.5, 101.5, 110) [118, 125.5, 134, 142] {150.5, 159, 166.5} cm  
Length: (21, 21.5, 22) [22, 22.5, 22.5, 23] {23.5, 24, 24.5}" / (53.5, 54.5, 56) [56, 57, 57, 58.5] {59.5, 61, 62} cm  
Shown in size 40" / 101.5 cm.  
Recommended ease: 2–4" / 5–10 cm of positive ease

## YARN

**BERROCO PIMA 100** (100 grs): (7, 8, 8) [9, 9, 10, 11] {11, 12, 13} hanks  
#8435 Oregano

Note: color used is discontinued; #8486 Pine is the closest shade that is currently available.

## NEEDLES and NOTIONS

32" / 80 cm circular needle, sizes 5 / 3.75 mm and 7 / 4.5 mm or size to obtain gauge

1 set each double-pointed needles, sizes 5 / 3.75 mm and 7 / 4.5 mm

Stitch holders or waste yarn

1 stitch marker

Six ¾" / 2 cm buttons

6 removable stitch markers

## GAUGE

20 sts x 28 rows = 4" / 10 cm in St st with larger needles

Gauge shown is after blocking.

*To save time and ensure accurate measurements, take time to check gauge.*

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## NOTE

Body is worked in one piece to the underarms, then divided for back and fronts and worked in rows to the shoulders. Sleeves are worked in the round to the underarms, then sleeves caps are worked in rows.

## SPECIAL ABBREVIATION

**MB (Make Bobble):** Knit in the front, back, front, back, front of the same stitch, turn. P5, turn. Slip 2 sts purlwise, k3tog, pass the two slipped sts over—1 st remains.

## BODY

With smaller needle, cast on (179, 195, 211) [227, 243, 259, 275] {291, 307, 323} sts. Do not join.

**Set Up Rib: Row 1 (WS):** P2, \* k1, p1; rep from \* to last stitch, p1.

**Row 2 (RS):** K2, \* p1, k1; rep from \* to last stitch, k1.

Rep these 2 rows until piece measures 2½" / 6.5 cm from beginning, end on RS.

Change to larger needle.

**Establish Pattern: Rows 1, 3, 7, and 9 (RS):** Knit.

**Rows 2, 4, 6, 8, 10, and 12:** Purl.

**Row 5 (RS):** K5, \* MB, k7; repeat from \* to the last 6 sts, MB, k5.

**Row 11 (RS):** K9, \* MB, k7; repeat from \* to the last 10 sts, MB, k9.

Repeat rows 1–12 throughout for Pattern.

Work in pattern as established until body measures 12" / 30.5 cm from the cast-on edge, end on WS. **Note:** Make a note of the row with which you ended.

**Divide for Back and Fronts: Next Row (RS):** Work in pattern across (39, 42, 45) [49, 52, 55, 58] {61, 64, 67} sts for right front, bind off the next (9, 11, 13) [13, 15, 17, 19] {21, 23, 25} sts for underarm, work in pattern across (83, 89, 95) [103, 109, 115, 121] {127, 133, 139} sts for back, bind off the next (9, 11, 13) [13, 15, 17, 19] {21, 23, 25} sts for underarm, work in pattern to end for left front.

Continue working the left front only, slipping the back and right front stitches to stitch holders or waste yarn.



## LEFT FRONT

**Next Row (WS):** Work 1 WS row—(39, 42, 45) [49, 52, 55, 58] {61, 64, 67} sts.

**Dec Row (RS):** K2, k2tog (armhole dec), work in pattern to last 4 sts, SSK (neck dec), k2—2 sts dec'd (1 each at armhole and neck).

Working decs in this manner, rep the armhole decs every RS row (3, 6, 5) [8, 8, 9, 9] {10, 10, 11} times more. AT THE SAME TIME, rep the neck dec every RS row 14 times more while continuing to work in pattern as established. When all decs have been completed, work even in pattern as established on (20, 20, 24) [25, 28, 30, 33] {35, 38, 40} sts until armhole measures (7½, 8, 8½) [8½, 9, 9, 9½] {10, 10½, 11}" / (19, 20.5, 21.5) [21.5, 23, 23, 24] {25.5, 26.5, 28} cm, end on WS.

**Shape Shoulders:** Bind off (4, 4, 5) [5, 6, 6, 7] {7, 8, 8} sts at beginning of the next (5, 5, 4) [5, 3, 5, 3] {5, 3, 5} RS rows, then (0, 0, 4) [0, 5, 0, 6] {0, 7, 0} sts at beginning of the next (0, 0, 1) [0, 2, 0, 2] {0, 2, 0} RS rows. Fasten off.

## BACK

Slip (83, 89, 95) [103, 109, 115, 121] {127, 133, 139} back sts from holder to larger needle. Rejoin yarn to WS, and work 1 WS row.



**Dec Row (RS):** K2, k2tog, work in pattern as established to last 4 sts, SSK, k2—2 sts dec'd.

Rep Dec Row every RS row (3, 6, 5) [8, 8, 9, 9] {10, 10, 11} times more—(75, 75, 83) [85, 91, 95, 101] {105, 111, 115} sts. Work even in pattern as established until armholes measure (7½, 8, 8½) [8½, 9, 9, 9½] {10, 10½, 11}" / (19, 20.5, 21.5) [21.5, 23, 23, 24] {25.5, 26.5, 28} cm, end on WS.

**Shape Shoulders:** Bind off (4, 4, 5) [5, 6, 6, 7] {7, 8, 8} sts at beginning of the next (10, 10, 8) [10, 6, 10, 6] {10, 6, 10} rows, then (0, 0, 4) [0, 5, 0, 6] {0, 7, 0} sts at beginning of the next (0, 0, 2) [0, 4, 0, 4] {0, 4, 0} rows, end on WS. Bind off remaining 35 sts for back neck.

## RIGHT FRONT

Slip (39, 42, 45) [49, 52, 55, 58] {61, 64, 67} right front sts from holder to larger needle. Rejoin yarn to the WS and work 1 WS row.

**Dec Row (RS):** K2, k2tog (neck dec), work to last 4 sts, SSK (armhole dec), k2—2 sts dec'd.

Working decs in this manner, rep the armhole decs every RS row (3, 6, 5) [8, 8, 9, 9] {10, 10, 11} times more. AT THE SAME TIME, rep the neck dec every RS row 14 times more. When all decs have been completed, work even in pattern on (20, 20, 24) [25, 28, 30, 33] {35, 38, 40} sts until armhole measures (7½, 8, 8½) [8½, 9, 9, 9½] {10, 10½, 11}" / (19, 20.5, 21.5) [21.5, 23, 23, 24] {25.5, 26.5, 28} cm, end on RS.

**Shape Shoulders:** Bind off (4, 4, 5) [5, 6, 6, 7] {7, 8, 8} sts at beginning of the next (5, 5, 4) [5, 3, 5, 3] {5, 3, 5} WS rows, then (0, 0, 4) [0, 5, 0, 6] {0, 7, 0} sts at beginning of the next (0, 0, 1) [0, 2, 0, 2] {0, 2, 0} WS rows. Fasten off.

## SLEEVES

With smaller dpns, cast on (44, 48, 50) [52, 52, 54, 54] {56, 56, 58} sts, divide sts evenly over 3 needles, place marker and join for working in the round.

**Set Up Rib: Rnd 1:** \* K1, p1; rep from \* around. Rep this round until piece measures 3" / 7.5 cm from beginning. Change to larger needle.

**Inc Rnd:** [Knit (3, 2, 2) [2, 2, 2, 2] {2, 2, 2}, M1] (4, 24, 20) [24, 16, 20, 12] {16, 8, 12} times, then [knit (2, 0, 1) [1, 1, 1, 1] {1, 1, 1}, M1] (16, 0, 10) [4, 20, 14, 30] {24, 40, 34} times—(64, 72, 80) [80, 88, 88, 96] {96, 104, 104} sts.

**Establish Pattern: Rnds 1–4:** Knit.

**Rnd 5:** K4 \* MB, k7; rep from \* to the last 4 sts, MB, k3.

**Rnds 6–10:** Knit.

**Rnd 11:** \* MB, k7; rep from \* to end.

**Rnd 12:** Knit.

Work even in pattern as established until sleeve measures approximately 18" / 45.5 cm from beginning, ending (4, 5, 6)

[7, 8, 9] {10, 11, 12} sts before the end of the last round and on same round/row as for body.

**Shape Cap:** Bind off the next (9, 11, 13) [13, 15, 17, 19] {21, 23, 25} sts, removing marker, then knit to the end—(55, 61, 67) [67, 73, 71, 77] {75, 81, 79} sts. Purl 1 WS row.

**Dec Row (RS):** K2, k2tog, work in pattern as established to last 4 sts, SSK, k2—2 sts dec'd.

Rep Dec Row every RS row (16, 17, 19) [17, 20, 17, 20] {17, 21, 19} times more—(21, 25, 27) [31, 31, 35, 35] {39, 37, 39} sts.

Bind off (5, 6, 7) [8, 8, 9, 9] {10, 9, 10} sts at the beginning of the next 2 rows. Bind off remaining (11, 13, 13) [15, 15, 17, 17] {19, 19, 19} sts.

## FINISHING

Sew shoulder seams. Set in sleeves easing caps to fit.

**Front/Neck Band:** Mark placement for 6 buttonholes evenly spaced along right front edge, starting  $\frac{1}{2}$ " / 1.5 cm above the cast-on edge and ending  $\frac{1}{2}$ " / 1.5 cm below the first neck dec.

With RS facing, using smaller needle, pick up and knit 66 sts along right front edge to first neck dec, (38, 40, 42) [42, 44, 44, 46] {48, 50, 52} sts along right front neck edge to shoulder, 37 sts across back neck edge, (38, 40, 42) [42, 44, 44, 46] {48, 50, 52} sts along left front neck edge, then 66 sts along left front edge—(245, 249, 253) [253, 257, 257, 261] {265, 269, 273} sts.

**Row 1 (WS):** P1, \* k1, p1; rep from \* to end.

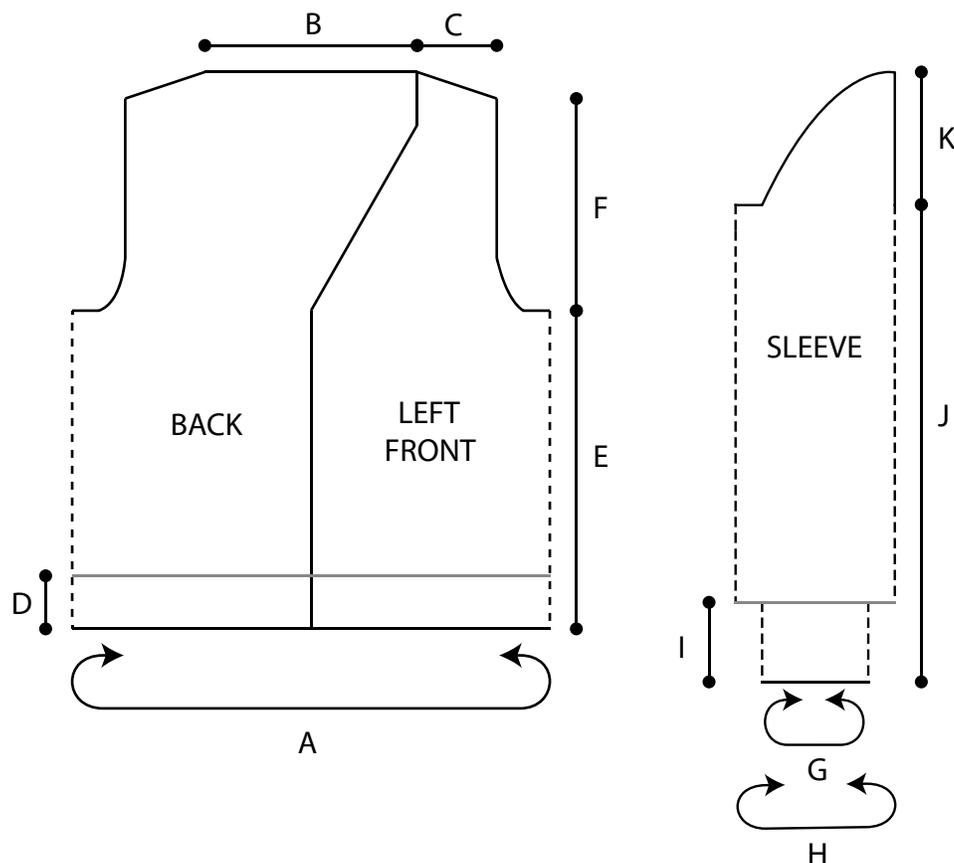
**Row 2 (RS):** K1, \* p1, k1; rep from \* to end. Rep Row 1 once more.

**Buttonhole Row (RS):** K1, \* p1, k1; rep from \* to the first button hole marker, \*\* yo, k2tog, [p1, k1] to next marker; rep from \*\* 5 times more, work in ribbing as established to end. Work in ribbing as established for 3 rows more, end on WS. Bind off in rib on RS.

Weave in all ends and block as desired. Sew on buttons opposite buttonholes.



## SEBEC SCHEMATIC



## SEBEC MEASUREMENTS

A (Bust Circumference): (35¾, 39, 42¼) [45½, 48½, 51¾, 55] {58¼, 61½, 64½}" / (91, 99, 107.5) [115.5, 123, 131.5, 139.5] {148, 156, 164} cm (not including button band)

B (Back Neck Width): 7" / 18 cm

C (Shoulder Width): (4, 4, 4¾) [5, 5½, 6, 6½] {7, 7½, 8}" / (10, 10, 12) [12.5, 14, 15, 16.5] {18, 19, 20.5} cm

D (Lower Ribbing Length): 3" / 7.5 cm

E (Length to Underarms): 12" / 30.5 cm

F (Armhole Length): (7½, 8, 8½) [8½, 9, 9, 9½] {10, 10½, 11}" / (19, 20.5, 21.5) [21.5, 23, 23, 24] {25.5, 26.5, 28} cm

G (Sleeve Cuff Circumference): (8¾, 9½, 10) [10¼, 10¼, 10½, 10½] {11¼, 11¼, 11½}" / (21, 24, 25.5) [26, 26, 27, 27] {28.5, 28.5, 29} cm

H (Upper Sleeve Circumference): (12¾, 14½, 16) [16, 17½, 17½, 19¼] {19¼, 20¾, 20¾}" / (32.5, 37, 40.5) [40.5, 44.5, 44.5, 49] {49, 52.5, 52.5} cm

I (Sleeve Cuff Length): 3" / 7.5 cm

J (Sleeve Length): 18" / 45.5 cm

K (Sleeve Cap Length): (5¼, 5½, 6) [5½, 6¼, 5½, 6¼] {5½, 6½, 6}" / (13.5, 14, 15) [14, 16, 14, 16] {14, 16.5, 15} cm



## STANDARD ABBREVIATIONS & TERMS

**beg:** beginning

**CC:** contrasting color

**CDD:** Centered Double Decrease—Slip 2 together (as if to k2tog), knit 1, pass the 2 slipped stitches over

**cn:** cable needle

**dec:** decrease

**dpn(s):** double pointed needle(s)

**end on WS:** end having just completed a Wrong Side row.

**end on RS:** end having just completed a Right Side row

**Garter St:** Knit EVERY row when working back and forth in rows. Knit 1 round, purl 1 round when working in the round.

**inc:** increase

**k:** knit

**k tbl:** knit through the back loop(s)

**k2tog:** knit 2 stitches together

**k3tog:** knit 3 stitches together

**kfb:** knit in the front and back of the next st

**LH:** left hand

**LLI:** Left Lifted Increase—Insert LH needle into the purl bump one row below the st just worked on the RH needle and knit into this st (1 st inc'd)

**M1:** Make 1—Pick up horizontal strand between stitch just worked and next stitch from front to back, place on left hand needle, knit this stitch through the back (1 stitch increased).

**M1L:** Make 1 Left—Work as for M1.

**M1p:** Make 1 purl—Pick up horizontal strand between stitch just worked and next stitch from front to back, place on left hand needle, purl this stitch through the back (1 stitch increased).

**M1pL:** Make 1 purl Left—Work as for M1p.

**M1pR:** Make 1 purl Right—Pick up horizontal strand between stitch just worked and next stitch from back to front, place on left hand needle, purl this stitch through the front (1 stitch increased).

**M1R:** Make 1 Right—Pick up horizontal strand between stitch just worked and next stitch from back to front, place on left hand needle, knit this stitch through the front (1 stitch increased).

**MC:** main color

**p:** purl

**p tbl:** purl through the back loop(s)

**p2tog:** purl 2 stitches together

**p3tog:** purl 3 stitches together

**pat(s):** pattern(s)

**pm:** place marker

**pssso:** pass slipped stitch over knit stitch

**rep:** repeat

**Rev St st:** Reverse Stockinette Stitch—Purl 1 row, knit 1 row alternately when working back and forth in rows. The purl side is the right side of the work. Purl EVERY round when working in the round.

**RH:** right hand

**RLI:** Right Lifted Increase—Insert RH needle into the purl bump of the next st on the LH needle and knit into this st (1 st inc'd)

**rnd(s):** round(s)

**RS:** right side

**sl:** slip

**sm:** slip marker

**SSK:** Slip 2 stitches knitwise, insert point of left hand needle through fronts of these 2 stitches and knit 2 together.

**SSP:** Slip 2 stitches knitwise, transfer these 2 stitches back to left hand needle, purl 2 together through the back loops.

**SSSK:** Slip 3 stitches knitwise, insert point of left hand needle through fronts of these 3 stitches and knit 3 together.

**st(s):** stitch(es)

**St st:** Stockinette Stitch—Knit 1 row, purl 1 row alternately when working back and forth in rows. The knit side is the right side of work. Knit EVERY round when working in the round.

**tbl:** through back loop(s)

**w&t:** wrap and turn, a method of concealing a hole created in short row shaping. On RS rows: With yarn held in front, slip next stitch purlwise, then bring yarn between needles to the back. Slip that same stitch back to the left needle. Turn your work. On WS Rows: With yarn held in back, slip next stitch purlwise, then bring yarn between needles to the front. Slip that same stitch back to the left needle. Turn your work. Unless otherwise indicated, each time you come to a wrapped stitch when working subsequent rows, slip the wrap back over stitch and onto needle, then work the wrap together with its accompanying stitch.

**WS:** wrong side

**wyib:** with yarn in back

**wyif:** with yarn in front

**yo:** yarn over

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